

Our Mission

The mission behind Stories of Change is to share the personal stories of families who stay at the Ronald McDonald House with the Central Ohio community. By sharing your emotional journeys, we'll inspire a better understanding of the families who stay here, why they are here and why having this very special place to come can make a difficult time a little bit easier.

A selection of submitted Stories of Change will be shared weekly on-air during CD 102.5's morning drive time in October through December, kicking off with the Day of Change on October 15.



Share your Story.
Share the *Love.* 



With your help, we can tell others about the same love you're getting from Ronald McDonald House Charities (RMHC) of Central Ohio.

How to share your story

If you'd like to share your Story of Change, follow the directions below. If you do not have a mobile device, please visit the front desk for recording options.



iOS

1. Open the recording app, "Voice Memos", under utilities.
2. Press the red "Record" button and begin your story.
3. When you're finished, touch the "Record" button again.
4. Hit "Done" and title your recording.
5. In your saved voice memos, hit the share button for your recording and select an email.
6. Email your recording to **RMHC@fahlgren.com**



Android

1. Select the "Voice Recorder" app from the free options available in the Play Store.
2. Click "Install" and then "Open" after downloading to begin recording.
3. Hit the red "Record" button with the red dot and begin your story.
4. When you've finished, touch the "Record" button again.
5. Enter a title for your recording and hit "Save".
6. In your saved files, touch the share button for this recording and select an email.
7. Email your recording to **RMHC@fahlgren.com**

Tips for Recording

- Identify a recording partner and decide what you'd like to talk about ahead of time; the recording should seem like a conversation.
- Start your story by introducing yourselves.
- All interviews should be limited to eight minutes and less than 20MB.
- Record in a quiet place to reduce background noise.
- Set your device on airplane mode so you won't be interrupted.
- For the best sound quality, make sure the microphone on your device is pointed toward each speaker.

Conversation Starters

- What brought your family to the Ronald McDonald House?
- How did you find out about The House?
- How has The House impacted you? Your family? Your child?
- What did you wish others knew about The House?
- What are the next steps in your journey?
- Is there anything else you'd like to add?

About us

RMHC of Central Ohio creates, finds and supports programs that directly improve the health and wellbeing of children in Central Ohio.



Ronald McDonald House Charities of Central Ohio
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Stories of Change